

## Comprehensive Barter Item List

From <http://www.youoptimal.com>

Anything can be used in barter. But, what good is a list of everything? Although making a list of everything is impossible I found the attempt to be comprehensive to reveal how vast the possibilities of barter are.

I made this Barter List as a sub-task in writing an article comparing Ammunition with other barter items. While searching the web for ideas I was surprised to find that the largest list contained only 101 items. Nobody had taken barter to its logical extreme of anything being a potential barter item. The list, below, has 422 items and is just getting started.

I don't recommend going out and purchasing excess quantities of the items on this list; that's not its purpose. Most people don't have all the essentials they'll need for a disaster. Stockpiling excess for barter instead of enough of the essentials would be a tragic mistake. However, knowing where enough ends and excess begins is not easy. After all, the best barter items are themselves essential and only become eligible for barter when possessed in excess (Actually, I have a different take on this standard line that will be put forth in the ammo vs. barter series).

For the purposes of this website this Barter Item List will be used as raw input for other lists where various criteria and values are applied to make them more focused and actionable. See Your

Optimal Barter Equation for a method to rate these barter items according to your own values.

This list is not Checklist For Hard Times which is a running list of tasks and essentials that every family should consider having on hand.

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Alarm Systems  
**Alcohol** for Sterilization  
Allen Wrenches  
Air Pumps  
**Aloe**  
**Aluminum Foil** – Heavy  
**Ammunition**  
Ant Traps  
**Antibacterial Soap**  
**Antibiotics** – Augmentin & General  
Anti-Fungal Spray  
Anti-Histamines  
**Apple Cider Vinegar**  
**Aspirin**  
Atmospheric Water Generator  
Auto Mechanics Tools  
Axes  
Baby Food Jars  
**Baby Formula**  
**Baby Oils**  
**Baby Wipes**  
Backpacks  
**Bag Balm** – Antiseptic Lotion  
Baking Sheets  
**Baking Soda**  
Baking Supplies  
**Ballpoint Pens**  
**Bandages**  
**Bandana**  
**Barley**  
**Baseball Bats**  
Baseball Caps

Batons  
Bats  
**Batteries**  
Beanies  
**Beans**  
Belts  
**Betadine**  
**Bibles**  
Bicycle Chains  
Bicycle Pumps  
Bicycle Tires & Tubes  
Bicycles  
Binoculars  
**Blankets**  
**Bleach – Sterilization**  
Blood-Pressure Cuffs  
Board Games  
Bolt Cutters  
**Bolts**  
**Book – Carla Emery's "Encyclopedia Of Country Living".**  
**Book – Favorite Novels**  
**Book – Gray's Anatomy**  
**Book – How Things Work Type Books**  
Book – Hyperinflation Survival Guide  
**Book – Physician's Desk Reference (PDR)**  
Book – Recipes  
**Book – SAS Survival Handbook**  
Boots  
Bow Saws  
Buckets, Pales & Lids  
Bugout Kits  
Bullet Proof Vests

**Bullion Coins – Silver & Gold**

Burn Treatment Supplies

Calculators – Solar

**Can Openers**

**Candles**

**Cannabis**

**Canned Fruits**

**Canned Meats**

**Canned Soups**

**Canned Stews**

**Canned Veggies**

**Canned Beans**

**Canned Chili**

**Canned Fruit**

**Canned Milk – Evaporated**

**Canned Salmon**

**Canned Tuna**

Canning Jars With Seals And Lids

Canning Supplies

**Carabiners**

Carbon Monoxide Alarm

Carrying Cases

**Cash – Foreign Or Domestic**

Cereal

Chain

Charcoal, Sand And Barrel For Filtration

Chewing Gum

Chickens

Chisels (Wood And Metal Working)

**Chocolate**

**Cigarettes**

**Cigars**

Clamps

Cleaning Brushes

Clothes Pins/Line/Hangers

Clubs

**Cocoa**

**Coconut Oils**

**Coconuts**

**Coffee**

Coleman Fuel

Coleman's Pump Repair Kit

**Condoms**

Containers – Food Storage

Containers – Tools

**Containers – Water**

**Cooking Spices**

Cookstoves

**Copper** – (Wire, pots, etc.)

Cosmetics

Cots And Inflatable Mattresses

Cotton Hankerchiefs

Crackers

Cups

Cutters (Side-Cutters, End-Cutters, Snips)

**Dental Floss**

**Dentistry Kits**

**Diaper Pins**

Diapers

Diaries

Dice

Dishes

Drill Bits

Driver Bits (With Manual Drivers)

**Duct Tape** (Camo Or Olive Drab)

Duffel Bags

Duracoat

**DVDs & Music CDs**

Ear Protection

Egg Beaters

Eggs (Freeze Dried)

Electricity Generator

Epoxy

Eye Protection

Feminine Hygiene Products

Files – Iron

Fire Extinguishers

**Fire Starters – Magnesium**

**Firearms**

Firefighting

Firewood

**First Aid Kits**

**Fish Hooks**

**Fishing Line**

Fishing Rod & Reel

Fishing Tackle

**Flashlights**

**Flour**

**Freeze Dried Food**

**Fuel – Diesel**

**Fuel – Gasoline**

**Fuel – Natural Gas/Propane**

**Fuel – Stove – Sterno, White Gas**

**Garbage Bags**

Garbage Cans

**Garden Seeds (Non-Hybrid)**

**Gardening Tools & Supplies**

**Garlic**

**Gas Stabilizer**

**Gasoline Containers**

**Generators**

**Glasses – Reading & Prescription**

**Gloves – Work**

**Glue**

Goats

**Gold**

Graham Crackers

**Grain Mill** (Non-Electric)

Graphite Grease

Gravy

**Grease**

Gun Cleaners

Gun Cleaning Kit

**Gun Holsters**

**Gun Magazines**

**Gun Parts**

**Gun Scopes**

Gun Sights

Gun Slings

Gunsmithing Tools

Hairbrush

Haircare

**Hammers** (Of All Sizes)

Hand Pumps & Siphons

**Handguns**

Handsaws

Hard Candy

Hatchets

Hats – Sun Protection  
Heater Head For Propane  
Hemostats  
**Hemp**  
**Herbs**  
Holsters – Gun  
**Honey & Honey Powders**  
Hot Water Bottles  
**Hydrogen Peroxide**  
**Ice Chests**  
**Ice Or The Ability To Make It**  
**Ice Packs**  
**Imodium**  
**Iodine**  
IV Lines & Bags  
Jackets  
Jean Shirts  
Jeans  
**Jerky**  
**Jewelry**  
Journals  
Kerosene  
**Kleenex**  
**Knife – Folding**  
**Knife – Hunting**  
**Knife – Machete**  
**Knife – Multi-Tool**  
Ladies' Supplies  
Lamp Oil  
Lamps  
Lanolin  
Lantern Mantles: Aladdin, Coleman, Etc.

Laundry Detergent  
**LED Lights** For All Rooms In The House  
Light Bulbs  
Lighter Fluid  
**Lighters – Disposable**  
Lightsticks  
Lime – Outhouse  
**Liquor – Whiskey, Vodka**  
Lotions  
Lumber  
Magazines – Reading  
Magazines & Speed Loaders – Gun  
Mantles: Aladdin, Coleman  
Maps – Topographic Of Your Area  
Masterlocks  
**Matches**  
Mats  
Mattress's – Inflatable  
Measuring Cups  
Measuring Spoons  
**Medical & Gas Masks**  
**Medications – OTC**  
**Medications – Prescription**  
Metal Mixing Bowls  
**Milk – Powdered & Condensed**  
**Milk (Freeze Dried)**  
**Minerals**  
Mop Bucket W/Wringer  
Mops  
Mosquito Repellent  
Mousetraps  
Mouthwash/Floss,

Mylar Bags  
Nail Clippers  
**Nails**  
**Nalgene Water Bottles**  
**Needles – Medical**  
**Needles – Sewing**  
**Notebooks And Pads**  
**Nuts**  
**Nylon Cord**  
Oil – Canola  
**Oil – Motor**  
**Oil – Olive**  
**Oil – Tools**  
Oil – Vegetable  
**Oil- Coconut**  
Pacifiers For Babies  
Pad-Locks  
**Painkillers, Aspirin**  
Paintball Gun  
Pans  
Paper  
Paper Plates  
**Paper Towels**  
**Paracord**  
Paraffin Wax  
Pasta  
**Peanut Butter**  
Pellets For Winter  
**Pencils, Paper, Note Pads**  
Penlights  
Pepper  
Pepper Spray

Peroxide  
Pet Food  
Pillows  
**Pins**  
Pipe Tobacco  
Plastic Sheeting  
Playing Cards  
Plywood (3/4 inch)  
Popcorn  
Portable Toilets  
Posts  
Potato Peelers  
Pots And Pans  
**Pretzels**  
**Propane Cylinders**  
**Protein Bars**  
**Pry-Bars**  
**Q-Tips**  
**Radio – AM/FM (Crank Power)**  
Radio – Long Wave For Backup Communications  
Radio – Police Band Monitoring  
**Radio – Short Wave For Local Communication And Monitoring**  
Rain Gear  
Rakes  
Rat Poison  
**Razors**  
**Reading Glasses**  
**Rice**  
**Rifles**  
Roach Killer  
Roasting Pans – Aluminum

**Rope**

Rubberized Boots

Rubbing Alcohol

Safe – Fireproof

Saline Solution

**Salt** – Sea Salt And Some Iodized**Saltines**

Sand Paper

Sandals

**Scalpels And Blades****Scissors**

Screen Patches

**Screwdrivers****Screws** (All kinds, 3-inch Deck Screws)**Seeds**

Sewing Kits &amp; Items

Shampoo

**Sharpening Stones, Files****Shaving Razors & Cream****Shotguns**

Shovels

**Silver Bullion****Silver Coins**- Pre-1965

Skin Products

Sleeping Bags

Slings/Splints

Slingshot

Smoke And CO Detectors

Snares

Sneakers

Soap (Hand, Dish, Laundry, Cleansers)

**Socket Sets**

Socks

Soda

Solar Calculators

Solar Panels

Soup Base

Soysauce

**Spices**

Spikes

Spotlights – Portable

Spray &amp; Squirt Bottles

Stakes

Staples

Steel Wool

Sterile Pads

Stethoscopes

**Stevia**

Stove – BBQ Grill Or Portable Coleman

**Sugar – Brown****Sunglasses****Sunscreen**

Surgery Kit

Sutures

**Syringes** – Dental, Intravenous**Syringes** – Wound Cleaning

Syrups

Tampons

Tang

**Tarps****Tea**

Thermal Underwear

Thermometers

Thermos Bottles

Tires – Spare

**Tobacco**

**Toilet Paper**

**Tomato Paste**

**Tools – General**

**Tools For Gardening**

**Toothbrush/Paste**

Towels

**Trail Mix**

T-Shirts

Tuna Fish (In Oil)

**Tweezers**

Twine

Underwear

**Utensils**

**Vaseline**

Vegetable Oil (For Cooking)

Vinegar

Visqueen

**Vitamins**

Wagons & Carts

Washboards

Watches

**Water – Packets, Locally Purified**

**Water Containers**

Water Containers For Car

Water Filter – 3-Stage Under Sink For Drinking Water

Water Filter – Whole House Chlorine

**Water Filters/Purifiers – Portable**

Wax Paper

**WD-40**

Weather Stripping

Web Gear

Wedges

Welding Tools

**Wheat**

**Whiskey**

Whisks

Wicks

Window Insulation Kits

**Wine**

**Wire – Electrical**

Wire – Fence

Wire – Household

**Woodworking Tools**

**Wool Blankets**

Wool Mittens

Wool Socks

Wool Sweaters

Wool Work Clothes

Wool Scarves

**Work Gloves**

Work Shirts

Workboots

**Wrench Sets**

**Writing Paper/Pads/Pencils**

Yeast

**Zip Ties**